



HELPING HANDS

WELFARE ORGANIZATION FOR
RURAL DEVELOPMENT SOCIETY

SPANDANA MANASIKA VIKASA KENDRAM

Helping Hands Welfare Organization For Rural Development Society (Regd: 104/2008)



ANNUAL REPORT

FOR THE YEAR

2024 to 2026

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About Organisation:

Helping Hands Welfare Organization for Rural Development Society (Regd No: 104/2008) was established in 2008 under the AP Society Registration Act, 35 of 2001, to serve society through a variety of humanitarian activities. Based in Davajigudem, Gannavaram Mandal, Krishna District, Andhra Pradesh, the organization was founded by an individual inspired by a deep desire to promote human welfare and compassion. Initially focused on a broad range of social services, the founder later extended the mission to include care for children with special needs, recognizing the critical importance of supporting this vulnerable group.

To better serve children with intellectual and developmental disabilities, the society established a College of Special Education to train teachers specifically qualified to handle the unique needs of these children. In line with its commitment to inclusive education, Helping Hands launched "Spandana," a dedicated school for children with special needs in Davajigudem, Krishna District.

Spandana currently supports 62 students by providing free education, transport, meals, and medical care. The school is staffed by specially trained faculty who deliver high-quality education and employability skills development programs at no cost to the students or their families. The school aims to empower children with special needs, helping them to lead fulfilling and productive lives.

In addition to special education, Helping Hands conducts a wide range of social activities, including free competitive exam coaching, distribution of books to government school students, and provision of clothing to widows and senior citizens. The society also organizes medical camps and awareness programs for the underprivileged.

Helping Hands Welfare Organization is committed to expanding its services and continuously improving the support provided to disabled individuals in and around the Gannavaram constituency. By addressing the diverse needs of the community, the organization strives to uplift lives and promote social welfare at every level.

Approach:

Spandana Manasika Vikasa Kendram adopts a holistic and child-centered approach to address the educational and mental health needs of special children. We ensure a balanced environment that integrates activities across classrooms, playgrounds, and various spaces, tailoring learning experiences to each child's unique abilities and intellectual levels. Our educational philosophy is rooted in care, respect, and love, recognizing that teachers serve as more than educators, they are mentors who foster emotional connections with each child.

We prioritize creating a nurturing atmosphere that facilitates free learning and encourages individual growth. By maintaining an optimal student-to-teacher ratio, we offer personalized attention and gentle encouragement, allowing each child to progress at their own pace.

Our community functions like a family, cultivating happiness through learning, play, bonding, and meaningful interactions. Special events and celebrations further enhance our supportive environment, ensuring that each child feels valued and connected.

1. About Founder:

Sri. Venkat Sankabathula, born in 1980 in Appapuram, Srikakulam District. It is with great pride and joy that I introduce Manasika Vikasa Kendram, located in Davajigudem, Gannavaram Mandal, Krishna District. The inspiration to serve the disabled came from witnessing the pain and challenges faced by my brother, who endured multiple surgeries to walk with support. His struggles motivated me to dedicate myself to helping others with disabilities.

As a student, I engaged in various service activities, such as distributing clothes to the needy and organizing awareness programs on important social issues. In 2008, I founded the Helping Hands Welfare Organisation for Rural Development Society (Reg. No. 104/2008) to expand these efforts. Later, I established Spandana Manasika Vikas Kendra, offering free services to disabled children, including education, transportation, meals, physiotherapy, and medical aid. My wife has been a strong supporter in this journey.

To further extend my impact, I founded Helping Hands D.Ed College, training individuals passionate about serving those in need. During the COVID-19 pandemic, we provided food and groceries to over 20,000 people, a service that brought immense personal fulfillment. This journey has given me a sense of leading a meaningful life.

2. About Activities:

The society, originally established in Gannavaram, Krishna District, Andhra Pradesh, has expanded its outreach across the state through a wide range of impactful activities aimed at supporting marginalized communities. The society is dedicated to uplifting the lives of vulnerable populations and creating lasting change in society. Our core activities include:

- **Supporting Elderly and Widowed Individuals:** Providing essential items such as clothing to elderly and widowed individuals, improving their quality of life and fostering a sense of dignity.
- **Prisoner Counseling:** Offering counseling services to prisoners, aiming to rehabilitate and reintegrate them into society with positive mental health and social skills.
- **Water Camps During Summer:** Setting up water camps in the summer months to ensure access to clean drinking water for those in need, especially in remote and rural areas.
- **Educational Support for Children:** Distribute books and educational materials to underprivileged children, ensuring they have the tools needed to continue their education.
- **Environmental and Drinking Water Awareness Programs:** Conducted awareness programs in rural areas to promote environmental sustainability and educate communities about the importance of safe drinking water.

- **Infrastructure Development for Government Schools:** Addressing gaps in educational infrastructure by providing necessary facilities to government schools that lack proper resources.
- **Free Coaching for Students:** Offering free coaching in various subjects and skills to students, helping them excel academically and preparing them for future success.
- **Focus on Differently-Abled Individuals (Mentally Retarded - MR):** Our primary mission is to work extensively with differently-abled individuals, particularly those with mental disabilities, by offering support, care, and resources that empower them to lead fulfilling lives.

Through these initiatives, the society remains committed to driving positive change and building a more inclusive, compassionate, and sustainable community.

The Helping Hands Welfare Organization for Rural Development boasts extensive experience in delivering essential services to the community. Drawing from the insights gained over the years, the organization has developed a comprehensive array of services that address the needs of individuals with disabilities, facilitating both social and economic empowerment. Our service spectrum spans from early identification to holistic support, ensuring that every child receives the attention and resources necessary for their development.

Key services include:

Early Identification, Screening, and Assessment: We prioritise the early detection of disabilities, enabling timely intervention that is crucial for effective support and care.

- **Behaviour Modification and Activities of Daily Living:** Our programs focus on enhancing behavioural skills and fostering independence through the development of daily living activities, promoting self-sufficiency among individuals with special needs.
- **Special Education:** We provide tailored educational programs designed to meet the unique learning requirements of each child, ensuring they receive the education they deserve.
- **School Preparedness and Mainstreaming:** We equip children with the skills necessary for successful integration into mainstream educational settings, fostering an inclusive learning environment.
- **Training and Rehabilitation:** Our rehabilitation programs are aimed at developing essential skills and capabilities, enabling individuals to participate fully in their communities.
- **Other Need-Based Services:** We offer a variety of additional services tailored to the specific needs of children with disabilities, ensuring comprehensive support and empowerment.

Through these initiatives, the Helping Hands Welfare Organization is committed to transforming lives and fostering an inclusive society.

3. Free Education:

Established in 2008, Spandana Manasika Vikasa Kendram is committed to providing free, high-quality education for children with intellectual disabilities. Over the years, the school has expanded its capacity and enhanced the quality of its programs, focusing on the holistic development of its students. By fostering a nurturing environment and delivering specialized education tailored to individual needs, Spandana has significantly impacted the lives of its students, empowering them to reach their full potential.

The institution emphasizes inclusivity and educational excellence, ensuring that children with intellectual disabilities receive the support and resources necessary for their growth. Spandana Manasika Vikasa Kendram remains dedicated to its mission, continually evolving to meet the diverse needs of its students and promote their well-being and success in a compassionate setting. Through these efforts, the school not only transforms lives but also contributes to a more inclusive society for mentally challenged children.

4. Spandana School for Special Needs

Currently, our primary focus is addressing educational challenges for children with intellectual disabilities. To this end, we have established Spandana School for Special Needs Children in Davajigudem, Gannavaram. The school offers a variety of initiatives, including first aid and medical camps, as well as awareness programs aimed at addressing issues faced by this community. We also train counselors and social workers to promote awareness and eradicate challenges within society.

In addition, we are dedicated to equipping teachers with the necessary skills to support children with special needs effectively. Our commitment extends to providing tri-cycles and assistive devices for deaf students, along with employability skills development programs for differently-abled children. Currently, 37 students are enrolled, receiving free education, home-based learning, free transportation, medical check-ups, and physiotherapy services. Through these comprehensive efforts, we strive to create an inclusive and supportive environment for all our students.

5. Vocational Education for Differently Abled: Self-Sustainability

To promote self-sustainability among differently-abled individuals, we offered free vocational education programs, including computer training through the AMBHA Computer Project in Bangalore. This initiative is specifically designed for individuals aged 15 and above, equipping them with essential digital skills. Participants learn data entry and other computer-related tasks, which enhance their employability in today's technology-driven job market.

In addition to computer education, we focussed on craftwork training that includes skills such as bangle threading, candle making, and chalk production. By teaching these crafts, we empower participants to generate income through their work, fostering a sense of independence and self-

worth. This vocational training not only provides practical skills but also instills confidence and a sense of accomplishment in our students. Our commitment to serving differently-abled individuals brings us immense satisfaction, as we witness their growth and development. By offering these educational opportunities, we aim to create a more inclusive society where everyone has the chance to thrive. We believe that through skill development and self-sufficiency, our students can achieve their potential and contribute meaningfully to their communities, ultimately leading to a brighter future for themselves and their families.

6. About Class Rooms:

At Spandana Manasika Vikasa Kendram, we believe that every child with special needs has the potential to thrive and become an independent member of society. Our mission is to equip these children with the skills necessary for rehabilitation and to assist them in becoming valuable contributors to their families and communities. We offered tailored training programs that prepare them for the future, with a focus on fostering independence based on individual abilities.

- **Education:** We educate differently-abled children by considering their age and intelligence levels, categorizing them into five levels: pre-primary, primary, secondary, pre-vocational, and vocational. Classrooms are specifically designed to meet the needs of each level, ensuring a conducive learning environment.
- **Facilities:** classrooms are equipped with benches, desks, and blackboards, and our teaching staff is specially trained to connect emotionally with students and adapt to their interests. We provide essential teaching and learning aids, including storybooks and charts, to engage students actively.
- **Computer Lab:** Our computer lab, equipped with 20 computers, is staffed by a full-time teacher who provides vocational training to prepare students for job opportunities.
- **Activities Room and Medical Equipment:** We also have an activities room where students participate in various engaging activities. Additionally, we provide essential medical equipment, including parallel bars and physiotherapy beds, to support their therapeutic needs. Through these comprehensive initiatives, we strive to empower differently-abled children to reach their full potential.

7. Free Meal Program

Spandana Manasika Vikasa Kendram was founded with the noble intention of serving children with intellectual disabilities and other special needs. As part of our commitment to providing comprehensive support, we offer free meals to all children daily, including a nutritious breakfast. We prioritize the quality of the food served, ensuring that children receive meals rich in nutrition, including regular servings of eggs and other essential nutrients. Our goal is to enhance the health and well-being of our students, fostering their growth and development.

In our pursuit of excellence, we actively seek to involve more donors in our meal program, which will enable us to expand our offerings and provide even better food. We believe that proper nutrition is foundational to the educational and developmental needs of children, particularly those with special requirements. By addressing their nutritional needs, we aim to create a supportive environment that allows them to thrive.

8. Free Transport Services

To facilitate access to our services, we provide free transportation for students traveling from Gannavaram and surrounding areas, covering distances of up to 20 kilometers. We maintain two vehicles specifically for this purpose, recognizing that while vehicle maintenance can be costly, the importance of transportation for these children cannot be overstated.

We ensure the highest level of care during transit by appointing trained assistants to accompany the children. This approach not only prioritizes their safety but also enhances their overall well-being, allowing families to focus on other responsibilities while knowing their children are cared for during their commute.

9. Awareness Programs

In addition to our direct services, we have recognized the vital need for community awareness regarding the causes and prevention of disabilities. We actively conduct awareness programs throughout the state, educating the public about critical issues that contribute to disabilities in children. Our focus areas include:

- **Early Marriages:** Highlighting the risks associated with early marriages and their impact on reproductive health and child development.
- **Chromosomal Deficiencies:** Educating families about genetic factors and the importance of genetic counseling.
- **Lack of Nutritional Food:** Emphasizing the significance of proper nutrition during pregnancy and early childhood development.
- **Lack of Timely Medical Aid:** Raising awareness about the importance of seeking medical assistance promptly.
- **Overuse of Medications:** Informing families about the potential risks of unnecessary medication and its implications on health.
- **Mental Stress:** Addressing the effects of stress on families and the well-being of children with disabilities.

Furthermore, we provide information to parents about available schemes, government acts, and support services for individuals with disabilities. By fostering awareness and education, we aim to create a more informed community that can take proactive measures to prevent disabilities and support affected families.

10. Medical Support

Recognizing that children with disabilities often have lower resistance to illnesses, we prioritize their health by providing necessary medical support and medications. Our focus on health and welfare ensures that children receive the care they need to lead healthier lives. Regular health check-ups and medications are integral parts of our program, as we strive to address any health issues that may arise promptly.

11. Therapeutic Services

Understanding that children with intellectual disabilities and cerebral palsy (CP) require additional support, we offer a range of therapeutic services, including physiotherapy and speech therapy. Our goal is not only to educate these children but also to empower them to achieve greater independence in their daily activities. We conduct regular therapy sessions tailored to individual needs, enabling children to gain the skills necessary to perform everyday tasks without reliance on others.

12. Home-Based Education

For children with severe intellectual disabilities who are bedridden or have limited mobility, we recognize the unique challenges faced by families. To alleviate the burden on parents and provide essential support, we offer home-based education services. Our trained teachers visit the homes of these children to provide personalized instruction and support for both the children and their parents. This includes teaching essential life skills such as toilet training, dressing, and personal hygiene. Through our home-based education program, we aim to empower families and improve the quality of life for these children. By fostering independence and equipping parents with the necessary skills, we strive to create a supportive environment that enhances the well-being of all involved.

13. Services During COVID-19

The Helping Hands Welfare Organization for Rural Development has consistently extended its support across various fields, especially during the unprecedented challenges posed by the COVID-19 pandemic. Despite the lockdown measures that confined many individuals to their homes due to fear of the virus, our organization remained committed to serving the community.

During the 60-day lockdown, our dedicated team traversed the villages from Gannavaram to Vijayawada, identifying and assisting vulnerable groups, including orphans, beggars, individuals with disabilities, and families struggling to access basic necessities. We recognized the urgent need for food assistance, and as a result, our organization provided meals to approximately 20,000 individuals in dire circumstances.

In addition to meal distribution, we also supplied grocery essentials to numerous families facing hardship during this critical period. Many community members acknowledged our efforts, bringing various issues to the attention of our society's chairman. In response to these concerns, he acted swiftly to provide financial assistance to families for medical needs and to help sustain their households during this challenging time.

Through these initiatives, the Helping Hands Welfare Organization exemplified its unwavering commitment to community welfare, demonstrating that even in the face of adversity, we can make a significant impact by reaching out and providing support to those in need.

At Spandana Manasika Vikasa Kendram, our multifaceted approach to supporting children with intellectual disabilities encompasses free meals, transportation, awareness programs, medical support, therapeutic services, and home-based education. We are committed to fostering an inclusive environment where every child can thrive and become an integral part of their community. Through these initiatives, we strive to make a meaningful difference in the lives of our students and their families, ultimately working toward a more inclusive and supportive society.

14. Future Vision of Helping Hands Welfare Organization

The Helping Hands Welfare Organization for Rural Development is committed to enhancing its services to better meet the needs of targeted groups within the community. To achieve this, the organization has outlined a comprehensive future vision that encompasses a range of initiatives aimed at empowering individuals with disabilities and other vulnerable populations.

Key components of our future vision include:

- **Construction of a Dedicated Facility for Individuals with Disabilities:** We aim to create a fully equipped building that provides an inclusive environment tailored to the specific needs of disabled individuals.
- **Provision of Essential Equipment for Special Children:** Arranging the necessary tools and resources to support the development and education of children with special needs.
- **Strengthening the Special School:** Enhancing the capabilities and offerings of our special education institution to ensure high-quality education and support.
- **Establishment of a Special Training Institution:** Developing a dedicated facility for training educators and caregivers to better serve individuals with disabilities.
- **Vocational Education Programs:** Implementing vocational training initiatives that empower individuals with disabilities to gain skills for sustainable employment.
- **Focus on Sustainability and Employability:** Creating programs that enhance the long-term employability of disabled individuals, fostering their independence.
- **Expansion into Cultural Programs and Workshops:** Introducing cultural initiatives that promote social integration and community engagement.



ANNUAL REPORT

2024 -2025

1. Disability Awareness and Inclusive Education Outreach Programme:

Helping Hands Welfare Organization for Rural Development Society implemented a dedicated community outreach initiative aimed at creating awareness on disability issues and ensuring the inclusion of children with disabilities into mainstream education. The programme was carried out in the villages of Davajigudem, Allapuram, Kesarapalli, Pedavutapalli, and Gannavaram through a strategic combination of door-to-door visits and village-level awareness meetings.



Through intensive household outreach, a total of *50 families were covered*. In addition, 12 community awareness meetings were conducted to sensitize the public on disability-related concerns. The programme focused on early identification of children with disabilities, reducing social stigma, and informing families about available educational opportunities and support services.

As a direct result of these efforts, *08 children with disabilities were identified and successfully enrolled in the organisation's school*. The initiative made a significant contribution towards enhancing community awareness, promoting social inclusion, and improving access to inclusive education for children with disabilities.

2. Household Survey and Disability Identification Programme:

Helping Hands Welfare Organization for Rural Development Society, a focused household survey was conducted in the Gannavaram surrounding areas, covering the villages of Davajigudem, Allapuram, Kesarapalli, Pedavutapalli, Pamarthi Nagar, Rajeev Nagar, and V.N. Puram. The primary objective of the activity was to identify persons with disabilities within the community and assess their needs. Total 50 households were surveyed as part of this initiative. During the visits, community members were sensitized on disability-related issues, and awareness was created to promote early identification and appropriate care. Additionally, information regarding the free services provided by



Spandana Manasika Vikasa Kendram was disseminated among the public. Families of persons with disabilities were also provided with necessary guidance and counselling to support the care, education, and overall development of their children.

3. Free Mega Dental Health Camp:

Free Mega Dental Health Camp was organised at the Spandana Manasika Vikasa Kendram, in coordination with Pinnamaneni Siddhartha Dental College, Chinna Avutapalli, Gannavaram. During the camp, *over 70 students were provided with comprehensive dental check-ups and necessary treatments.* The initiative primarily focused on identifying dental issues among disabled children and ensuring timely and appropriate medical intervention. This dental health camp proved highly beneficial for the children of Spandana, contributing to their overall well-being.



4. Vocational Education and Skill Development Programme:

Helping Hands Welfare Organization for Rural Development Society, special initiatives were undertaken as part of the vocational education program to support the holistic development of children at Spandana, to promote physical and economic self-reliance. Dedicated vocational training units were established. Through these units, *15 students were provided with hands-on training in various income-generating skills such as bouquet making, threading, and bangle making.*



This programme significantly contributed to enhancing the self-confidence of the students while equipping them with practical skills that could lead to sustainable livelihood opportunities.

5. Independence Day Celebrations:

Helping Hands Welfare Organisation for Rural Development Society celebrated Independence Day celebrations at Spandana Manasika Vikasa Kendram. The program was attended by distinguished guests, such as a financial expert, Sri. Ganne Venkata Rao and Sri. Shekhar from Venus Book Centre, along with students, parents, and staff members. The event marked a vibrant gathering of the community, reflecting a spirit of patriotism and inclusiveness.



On the occasion, Sri Ganne Venkata Rao emphasised that “true independence is achieved only when persons with disabilities equally enjoy the fruits of freedom.” His message highlighted the importance of inclusive development and equal opportunities for all. The celebrations also included the distribution of prizes to winning students, followed by a range of cultural activities performed by the children.



6. International Day of Persons with Disabilities Celebration dated 3rd December:

The International Day of Persons with Disabilities was celebrated with great enthusiasm at the Spandana Manasika Vikasa Kendramu, Davajigudem, Gannavaram Mandal. The program was presided over by Smt. Sankabattula Rajitha Venkat, Secretary of the organisation. Sri Mandali Rajesh, State Secretary of Jana Sena Party, attended the event as the Chief Guest and appreciated the commendable services rendered by the Spandana Centre towards the welfare and development of persons with disabilities. On this occasion, prizes were distributed to the children of Spandana, and the distinguished guests were felicitated.



7. Medical Health Camp for Persons with Disabilities: General Medical Health Camp was organised in collaboration with the local health department for the children of Spandana Manasika Vikasa Kendram. The camp focused on providing essential medical services to *35 persons with intellectual and developmental disabilities.*



On this occasion, the Hon'ble Civil Judge Smt.Jayalakshmi appreciated the commendable services being rendered by the Spandana Manasika Vikasa Kendram towards the welfare of persons with disabilities. She emphasised that with greater support from society, such institutions can further contribute to the holistic development of the community.

8. Flood Relief and Humanitarian Support Program:

Severe flooding caused by Budameru inundation affected several areas in and around Vijayawada, including Payakaraopeta, Singh Nagar, and parts of Gannavaram Constituency such as Arugolanu and Veldipadu villages. In response to this crisis, Helping Hands Welfare Organization for Rural Development Society took proactive steps to extend humanitarian assistance. *Over a period of one week, the organisation supported approximately 1,000 affected families, with a special focus on vulnerable groups including the poor, elderly, persons with disabilities, and widows.* Relief materials such as food supplies, drinking water packets, and essential medicines were distributed to the affected households. Medicines were provided with the support of Surya Medicals, Hanuman Junction, ensuring timely healthcare assistance to those in need.



9. Meditation and Mental Well-being Programme

Meditation sessions were organised for children at the Spandana Manasika Vikasa Kendram under the guidance of Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya, Gannavaram Branch. During the program, Brahma Kumari Smt. Ratna Kumari conducted the sessions and explained the importance of meditation to the children. She highlighted that regular practice of meditation helps in achieving mental calmness, improving concentration, and fostering emotional stability. She also provided practical guidance to nurture positive thinking and enhance inner well-being among the children. The program proved to be highly beneficial in supporting the mental development and emotional well-being of the children at the centre.

During the program, visually impaired individuals who are leading self-reliant lives were felicitated in recognition of their determination and achievements. The organisers emphasised that recognising and encouraging the talents of persons with disabilities is a collective social responsibility. The programme highlighted the abilities of visually impaired individuals and promoted awareness of inclusion, dignity, and equal opportunities within the community.

10. Free Medical Camp:

A Free Medical Camp was organised by Helping Hands Society at the Spandana Manasika Vikasa Kendram. The camp was conducted under the supervision of Dr. Shiva Shankar and his medical



team. Comprehensive health check-ups were carried out for all attendees, and necessary medicines were distributed free of cost. *More than 100 beneficiaries, including children of the Spandana Centre, their parents, and local community members, attended the camp and availed the medical services.* The program was conducted successfully, and



the beneficiaries expressed their satisfaction and gratitude for the services provided, highlighting the organisation's commitment to community health and well-being.

11. Meditation Sessions for Children

Meditation sessions were organized for the children at the Spandana Mental Development Centre under the guidance of the *Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya, Gannavaram Branch*. On this occasion, Brahma Kumari Ratna Kumari conducted the sessions and explained the importance of meditation to the children. She highlighted that regular meditation helps in achieving mental peace, improved concentration, and emotional balance. She also provided practical guidance on cultivating positive thinking and self-discipline among children, which are essential for their overall development. The program proved to be highly beneficial in supporting the mental and emotional development of the children, reinforcing the importance of holistic well-being.





ANNUAL REPORT

2025 -2026

1. Comprehensive Support Services for Persons with Disabilities:

Helping Hands Welfare Organisation for Rural Development Society has been consistently implementing a range of welfare initiatives for persons with disabilities in the Gannavaram region. The organisation has been providing free education, medical care, transportation, and nutritious meals to beneficiaries, ensuring their holistic development and well-being. In addition to these core services, various community-based and support programs have also been undertaken to enhance the quality of life of persons with disabilities.

2. Dr. B.R. Ambedkar Jayanti Celebration:

Dr. B.R. Ambedkar Jayanti was celebrated with great respect and enthusiasm with the support of Helping Hands Welfare Organisation for Rural Development Society. The program was graced by Sri Amal Das, Director of Icon Education Academy, who attended as the Chief Guest. The event commemorated the contributions of Dr. B.R. Ambedkar, the architect of the Indian Constitution, and highlighted his vision of equality, social justice, and empowerment.



3. International Yoga Day Celebration dated 21st June:

International Yoga Day was celebrated with great enthusiasm at the Spandana Manasika Vikasa Kendram with the support of Helping Hands Welfare Organisation for Rural Development Society. The program observed active participation from persons with disabilities, students, parents, and members of the local community. On this occasion, yoga instructors conducted sessions and explained the significance of yoga in maintaining overall well-being. They emphasized that yoga not only improves physical health but also promotes mental calmness and emotional balance. Special focus was given to demonstrating simple *yoga asanas and pranayama techniques suitable for persons with disabilities*, and participants were guided to practice them effectively.



The children of the Spandana Centre performed various yoga asanas, impressing the audience with their enthusiasm and abilities. The organisers highlighted that regular practice of yoga enhances concentration, reduces stress, and contributes to a healthier lifestyle.

4. Financial Assistance for Kidney Transplant:

Helping Hands Welfare Organization for Rural Development Society extended financial assistance to Mr. Nandyala Vamsi Krishna, a resident of Pamarthi Nagar, Gannavaram Mandal, to support his kidney transplant treatment. As part of this initiative, young contributors including Sankabattula Yashwanth Sai Siddhartha Royal, Sankabattula Mahendra Royal, Sankabattula Deekshitha, and Sankabattula Varshitha came forward to extend their support, exemplifying compassion and humanitarian values at a young age.



5. Counselling Programme for Transgender Community:

Helping Hands Welfare Organisation for Rural Development Society organised a *counselling program for members of the transgender community from Vijayawada*. The program aimed at strengthening mental resilience and building self-confidence among participants. During the sessions, guidance was provided on coping with societal challenges, maintaining personal health, and developing essential life skills.



6. Raksha Bandhan Celebrations:

Raksha Bandhan program was celebrated with great enthusiasm and joy at the Spandana Manasika Vikasa Kendramu with the support of Helping Hands Welfare Organization for Rural Development Society. The program was enriched by the participation of Brahma Kumaris sisters, who shared spiritual messages and added a meaningful dimension to the celebration. Students from Sri Pragya School, Gannavaram, also took part in the event by tying Rakhi's to the children of the Spandana Centre, symbolizing the spirit of brotherhood and expressing warm festive greetings. The *celebration fostered a sense of happiness, friendship, and emotional bonding among the children.*



It also reflected core values such as mutual respect, compassion, and unity.

7. Independence Day Celebrations

Independence Day was celebrated with great pride and enthusiasm at the Spandana Manasika Vikasa Kendram under the guidance of Helping Hands Welfare Organisation for Rural Development Society. The program was graced by distinguished guests, including financial expert Sri Ganne Venkata Rao, Sri Shekhar (Venus), and Sri Amal Das. The celebrations commenced with the ceremonial hoisting of the National Flag in the presence of the dignitaries. On this occasion, the guests delivered speeches highlighting the importance of patriotism, service-mindedness, and social responsibility. They encouraged the youth to actively contribute towards the nation's development. The event also featured cultural performances by the children and staff of the centre, which added vibrancy and enthusiasm to the celebration. The program successfully instilled a sense of national pride and unity among all participants.



8. Birthday Celebration of Student:

The birthday of Master Madu Jagadeesh, a student of the Spandana Manasika Vikasa Kendram, was celebrated with great joy under the support of Helping Hands Welfare Organization for Rural Development Society. On this occasion, sweets and cakes were distributed to all the school children at the centre, spreading happiness and a sense of togetherness among the participants. The programme was conducted in a cheerful and festive atmosphere, contributing to the emotional well-being and social bonding of the children.



9. Birthday Celebration of Megastar Chiranjeevi:

The birthday of Megastar Chiranjeevi was celebrated with great enthusiasm at the Spandana Manasika Vikasa Kendram, under the guidance of Helping Hands Welfare Organization for Rural Development Society. On this occasion, a cake-cutting ceremony was organized, and sweets, books, and pens were distributed to the children at the center. The celebration brought joy and excitement among the children and created a festive atmosphere. The program also served as an opportunity to encourage the children and promote a spirit of sharing and celebration within the community.



10. Vinayaka Chavithi Idols Distribution Programme:

On the occasion of Vinayaka Chavithi, Helping Hands Welfare Organization for Rural Development Society organized a distribution programme of Lord Ganesha idols for devotees in Gannavaram town, total 350 idols were distributed to the community members. Members of the organization actively participated in the initiative and extended festive greetings to the public. The programme aimed at promoting cultural values and facilitating community participation in the celebrations. The activity reflected the organization's engagement with the community and its commitment to fostering social harmony and cultural traditions.



11. Birthday Celebration of Hon'ble Minister for Medical and Health:

The birthday of the Hon'ble Minister for Medical and Health, Sri Satya Kumar, was celebrated with great enthusiasm at the Spandana Manasika Vikasa Kendram, under the guidance of Helping Hands Welfare Organization for Rural Development Society. The program was organized under the leadership of Sri Sheshu Kumar, BJP District Secretary, Krishna. On this occasion, the celebration was marked by a cake-cutting-

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ceremony with the children of the centre, creating a joyful and festive atmosphere. Subsequently, delicious meals and sweets were served to all the children, and educational materials such as books were distributed to support their learning needs.

12. Birthday Celebration of Hon'ble Member of Parliament Sri Vallabhaneni Balashauri:

The birthday of Hon'ble Member of Parliament (Machilipatnam), Sri Vallabhaneni Balashauri, was celebrated with great enthusiasm at the Spandana Manasika Vikasa Kendram. The program was organized under the leadership of Sri Podili Durgarao, Vijayawada Rural Mandal President. The event was graced by distinguished guests, including Sri Chilakalapudi Paparao, Chairman of the Andhra Pradesh Agnikula Kshatriya Corporation, and Sri Garikipati Shivashankar, Director of the State Road Development Corporation. The dignitaries appreciated the valuable services being rendered by the



Spandana Centre for persons with disabilities.

On this occasion, a cake-cutting ceremony was conducted with the students, followed by the distribution of blankets and fruits. The programme created a joyful and supportive environment for the children. Smt. Sankabattula Rajitha Venkat, Secretary of the organisation, expressed her gratitude to the guests for their presence and support. The organisation's services, under the leadership of Chairman Sri Sankabattula Venkat Rao, were widely appreciated by all attendees. The program brought immense happiness to the children and reflected the spirit of service and community care. The event was also attended by Smt. Ninumarthi Soujanya Nageswara Rao, Sarpanch of Gannavaram, along with other participants.

స్పందన లో మచిలీపట్నం ఎంపీబాలశౌరిజన్మదిన వేడుకలు



13. Children's Day Celebration:

Children's Day was celebrated with great joy and enthusiasm at the Spandana Manasika Vikasa Kendram, under the guidance of Helping Hands Welfare Organization for Rural Development Society. Sri Attada Teja, CEO of Attada Energy Private Limited, attended the programme as the Chief Guest and encouraged the children with his motivating presence. On this occasion, the children actively participated in various cultural performances, games, and recreational activities,



showcasing their talents and creativity. The entire program was conducted in a lively and cheerful atmosphere, bringing smiles and happiness to the children. The celebration served as an excellent platform to boost the confidence of the children and to nurture their creativity and talents.

14. Conferment of “Bharata Spurthi Kirita Award”:

In recognition of the outstanding services rendered to persons with disabilities through the Spandana Manasika Vikasa Kendram, Smt. Rajitha, Secretary of Helping Hands Welfare Organisation for Rural Development Society, was honored with the prestigious “Bharata Spurthi Kirita Award. The award was presented during the centenary celebrations of Sri Mandali Venkata Krishna Rao, organized in Vijayawada under the support of Telugu Velugu Sahitya Vedika. On this occasion, distinguished speakers at the event appreciated Smt. Rajitha’s dedicated efforts and her continuous commitment towards the welfare of persons with



disabilities. They acknowledged that her work serves as an inspiration to society. Through the Spandana Manasika Vikasa Kendram, she has been instrumental in providing essential services such as education, healthcare, and rehabilitation, bringing meaningful change in the lives of many individuals with disabilities. The conferment of this award stands as a testament to her impactful contributions in the field of social service.

15. International Day of Persons with Disabilities Celebration dated 3rd December:



The International Day of Persons with Disabilities was celebrated with great enthusiasm at the Spandana Manasika Vikasa Kendram under the aegis of Helping Hands Welfare Organisation for Rural Development Society. The program was inaugurated by the Chief Guest, Dr. Arun Kumar, Civil Senior Judge, Gannavaram, who formally commenced the event.

The event was attended by several distinguished guests, including financial expert Sri G.V.R., Sri Muttasetti Durga Kishore, Chairman of Vijayawada Venkata Maheswara Charitable Trust, Smt. Hema, Director of Javvaji Subtech, journalists Sri Prasad and Sri Naga Prasad, and Sri Amal Das, Director of Icon Education, among others. The programme featured a variety of cultural performances presented by the Vikasa Kendram students, which were highly appreciated by the audience. Prizes were distributed to winners of various games and competitions conducted as part of the celebrations. The event concluded successfully in a vibrant and joyful atmosphere, reinforcing the importance of inclusion, encouragement, and recognition of the talents of persons with disabilities.



16. Participation in Bala Utsav Cultural Program:

Students of the Spandana Manasika Vikasa Kendram participated in the *Bala Utsav programme* at the Zilla Parishad Girls High School, Gannavaram, where they showcased their talents through impressive dance performances. The participating students, including Jagadeesh, Venkateswara Rao Prabhakar, Ahmed, Soujanya, Krishna, Praneeth, and Adarsh, captivated the audience with their performances and demonstrated remarkable confidence and enthusiasm.

In recognition of their talent and participation, the organisers awarded certificates to the students. The program provided a valuable platform for the students to express their abilities, build confidence, and gain recognition, thereby contributing to their overall personality development.



17. Participation in Disability Awareness Conclave and Rally:

Helping Hands Welfare Organisation for Rural Development Society participated in a Disability Conclave organised by Saksham National Organisation at Vivekananda School, Chittinagar, Vijayawada. As part of the program, an awareness seminar was conducted focusing on the issues, rights, and opportunities for persons with disabilities. A rally was also organised to promote awareness and advocate for inclusion and equal opportunities within society. The event served as a platform for meaningful discussions on the challenges faced by persons with disabilities and the need for collective efforts to ensure their empowerment and social integration. The program was graced by Sri Bonda Uma Maheswara Rao, MLA of Vijayawada Central Constituency, who participated and supported the initiative.



18. World Mental Health Day Observance Dated 11th October'2025:

World Mental Health Day was observed with great importance at the Spandana Manasika Vikasa Kendram under the aegis of Helping Hands Welfare Organisation for Rural Development Society. The program was graced by the Chief Guest, Dr. Shivashankar, a former professor of Government Homoeopathy College, Gudivada, who delivered an insightful session on mental health awareness. During the session, he elaborated on the importance of mental health, the need for proper care and support, and the significance of early identification of mental health issues. His address provided valuable guidance to the participants on maintaining mental well-being. During the program, community members, students, and parents actively engaged in the awareness session, contributing to its success.



ప్రపంచ మానసిక ఆరోగ్య దినోత్సవం
ప్రజాశక్తి-ఉంగుటూరు (గన్నవరం) : ప్రపంచ మానసిక ఆరోగ్య దినోత్సవం సందర్భంగా గన్నవరంలోని స్పందన మానసిక వికాస కేంద్రంలో మానసిక ఆరోగ్యం ప్రాముఖ్యతపై ఈ ప్రధాన అధికారి రాష్ట్రవ్యాప్తంగా ఉంది. ఈ కార్యక్రమంలో ముఖ్య అతిథి డాక్టర్ శివశంకర్ మాట్లాడుతూ మానసిక ఆరోగ్యం అవసరమైనప్పుడు వెంటనే వెళ్ళి చికిత్స పొందాలని, సైకియాట్స్ సలహాను అనుసరించాలని కోరారు. ప్రత్యేకంగా విద్య, ఉపాధి రంగాల్లో వారు సాధించిన విజయాలను అభినందించారు. మానసిక దుస్థితులను పట్టిన సమాజంలో అవగాహన పెంచాలని, వారి అభివృద్ధికి అన్ని వర్గాల వారి సహకారం అవసరమని పిలుపునిచ్చారు. ఈ కార్యక్రమంలో స్పందన మానసిక కేంద్రంలోని సాంస్కృతిక కార్యకర్తల సహకారంతో సుమన్, సుమన్, సుమన్ లతో కలిపి, విజయలక్ష్మి, మన్మథి, నాగమణి, ప్రదీప్, రాజీవ్, శిషిర్ కుమార్ తదితరులు పాల్గొన్నారు.

19. Awareness Seminar on Causes and Prevention of Disability:

An awareness seminar on the causes and preventive measures of disability was organized at the



Spandana Manasika Vikasa Kendram with the support of Helping Hands Society. During the session, Dr. Sujitha, Medical Officer at Pedda Avutapalli PHC, highlighted that disability can arise due to multiple factors, particularly consanguineous marriages (marriages within close relatives), chromosomal abnormalities, and child marriages. She emphasized that children born to consanguineous

marriages are at a higher risk of developing disabilities.

Dr. Sujitha further explained that genetic disorders and poor maternal nutrition during pregnancy are significant contributors to disabilities. She advised pregnant women to maintain a nutritious and balanced diet to reduce such risks. Additionally, she stressed the importance of avoiding consanguineous marriages as a preventive measure.

She also underlined that administering Pulse Polio vaccination to children plays a crucial role in preventing disability and noted the continued need for strengthening awareness among the community. On this occasion, Ms. Madhu Mohan, Nutrition and Wellness Coach, addressed the participants. Parents, staff members of Spandana Centre, and community members actively participated in the program.



20. Observance of International Day of Persons with Disabilities:

On the occasion of International Day of Persons with Disabilities (3rd Dec), Helping Hands Society organised a series of impactful service activities. These initiatives, aimed at promoting the welfare and inclusion of persons with disabilities, created significant awareness among the community. The organisation's dedicated efforts in addressing disability-related issues were widely appreciated by the public.

In recognition of these meaningful activities, special news features and articles highlighting the organization's work were published in various newspapers, bringing visibility and credibility to the institution's efforts. The observance of the day not only strengthened community engagement but also reinforced the organisation's commitment towards empowerment, inclusion, and support for persons with disabilities.



21. New Year Celebrations-2026:

On the occasion of New Year 2026, Helping Hands Society, organized vibrant celebrations at the Spandana Manasika Vikasa Kendram. The event was conducted with great enthusiasm, with children actively participating and extending New Year greetings. The celebrations created a joyful and inclusive environment, reflecting the organisation's commitment to the well-being and happiness of children.



Key Highlights of the Program:

- Engaging and entertaining activities organized for children
- Cake cutting ceremony followed by distribution of sweets
- Warm and cheerful welcome to the New Year in a festive atmosphere
- Overall, the celebration was a grand success, with the joy and happiness of the children being the central highlight of the event.

22. World Braille Day Observance- 05 January:

On the occasion of World Braille Day (05 January 2026), Helping Hands Society organized a meaningful program at the Spandana Manasika Vikasa Kendram. The event was graced by Sri. Damera Seetharamayya, President of the Government Employees' Association, Gannavaram Constituency, as the Chief Guest. As part of the program, visually impaired individuals who are leading self-reliant and independent lives were felicitated in recognition of their achievements and resilience. The individuals honoured included:



- Mr. Pasupuleti Hanumantha Rao (Health Department, Gannavaram)
- Ms. Guthi Shivaparvathi (Unguturu)
- Mr. Nagaraju (BB Gudem), a self-employed entrepreneur

Addressing the gathering, the Secretary of the organization, Ms. Rajitha, emphasized that recognizing the talents of persons with disabilities and encouraging their achievements is a shared social responsibility. The program successfully highlighted the importance of inclusion, recognition, and empowerment of visually impaired individuals, inspiring the community towards greater sensitivity and support.



23. Recognition and Encouragement Programme for Students:

A special recognition program was organised under the support of Helping Hands Society to appreciate and encourage the achievements of students from the Spandana Manasika Vikasa Kendram. Mr. Kuchipudi Prabhakar Rao and Mr. Madu Jagadeesh, students pursuing their Intermediate education through APOSS (Andhra Pradesh Open School Society), were acknowledged for their dedication and academic progress. The programme also recognized the valuable support extended by Ms Tapaswi and Ms Manjari, students of Sri Pragya English Medium High School, Gannavaram, who assisted as scribes, enabling the students to effectively participate in their examinations. The primary objective of the programme was to recognize the talents and efforts of the students and to provide them with moral encouragement, thereby motivating them to continue their educational journey with confidence.



24. World Down Syndrome Day Observance:

Helping Hands Society organised a meaningful programme on the occasion of World Down Syndrome Day, the event was graced by Dr. Sampath Kumar and Dr. Sravya Chandana as Chief Guests. They highlighted the significance of the day and created awareness about Down Syndrome, emphasising the importance of early intervention, inclusion, and community support. Parents and students of the Spandana Manasika Vikasa Kendram actively participated in the program, contributing to its success and demonstrating strong community involvement. The program effectively promoted awareness, acceptance, and support for individuals with Down Syndrome, reinforcing the organisation's commitment to inclusive development.

ప్రపంచ డౌన్ సిండ్రోమ్ దినోత్సవం సందర్భంగా స్వందనలో సేవా సమూహ వెలుగులు

దివ్యాంగు బాలలకు సేవలందించడం స్వందన యొక్క తీవ్రమైన బాధ్యతగా భావిస్తున్నాం. దానిలో శ్రాస్తా చంద్రుడు

దివ్యాంగు బాలలకు సేవలందించడం స్వందన యొక్క తీవ్రమైన బాధ్యతగా భావిస్తున్నాం. దానిలో శ్రాస్తా చంద్రుడు

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25. Rotary Club Award for Excellence in Social Service:

Helping Hands Welfare Organisation for Rural Development Society was honoured with a prestigious Rotary Club Award in recognition of its outstanding contributions to the welfare of persons with disabilities and community service initiatives. The award ceremony was held with great grandeur in Vijayawada. During the felicitation programme, representatives of the Rotary Club appreciated the organization's dedicated efforts across various domains, including rehabilitation of persons with disabilities,



inclusive education, medical support, and community awareness programs. They acknowledged that the organization's sustained commitment and impactful interventions serve as a model for social service.

The event was attended by several dignitaries, social workers, and members of the Rotary Club, who extended their congratulations and appreciation to the organization. The programme was conducted in a vibrant and celebratory atmosphere, marking a significant milestone in the organisation's journey.

26. Participation in All India Association Foundation Day & Disability Awareness Seminar:

The Chairman of Helping Hands Welfare Organization for Rural Development Society participated in the All-India Association Foundation Day celebrations held in Vijayawada. As part of the



program, a special awareness seminar on the development, rights, and welfare of persons with disabilities was conducted.

The seminar focused on the challenges faced by persons with disabilities in society, as well as the various government schemes, educational opportunities, and employment avenues available to them. The discussions emphasised the need for

society to adopt a positive and inclusive approach towards persons with disabilities and highlighted the collective responsibility to extend necessary support for their empowerment. During the session, the Chairman of the organisation underscored the importance of an awareness program in bringing meaningful change in the lives of persons with disabilities. He stated that recognizing and nurturing their abilities can enable them to contribute significantly to society.



27. Conferment of "Guru Brahma Award" on Teachers' Day:

In recognition of the commendable services rendered through the Spandana Manasika Vikasa Kendram for persons with disabilities in Gannavaram, the Chairman of Helping Hands Welfare Organisation for Rural Development Society, Sri Sankabattula Venkata Rao, was honoured with the prestigious "Guru Brahma Award" on the occasion of Teachers' Day. The felicitation was organised at Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya, Vijayawada. The award acknowledged the organization's continuous efforts in providing free education, medical care, transportation, and nutritional support, along with various welfare initiatives for persons with disabilities. This recognition stands as a testament to the organisation's dedication towards inclusive development and its impactful contribution to the field of education and social service.





- *Establish a dedicated, fully equipped infrastructure for children with intellectual and developmental disabilities to enhance service delivery.*
- *Expand the capacity of Spandana Manasika Vikasa Kendram to accommodate more beneficiaries and improve the quality of special education.*
- *Strengthen early identification, screening, and intervention programs for timely support to children with disabilities.*
- *Enhance vocational training programs by introducing advanced skill development courses aligned with current employment opportunities.*
- *Promote sustainable livelihood opportunities for differently-abled individuals through self-employment initiatives.*
- *Upgrade therapeutic services, including physiotherapy, speech therapy, and psychological support, with improved equipment and specialists.*
- *Expand home-based education services for severely disabled and bedridden children.*
- *Increase community awareness programs on disability prevention, inclusive education, and government welfare schemes.*
- *Develop partnerships with institutions, donors, and healthcare providers to ensure sustainability and growth.*
- *Introduce cultural, sports, and social inclusion programs to build confidence and community integration among children.*

Conclusion

Helping Hands Welfare Organisation for Rural Development Society reflects a committed commitment to inclusive development and humanitarian service.

Through its flagship initiative, Spandana Manasika Vikasa Kendram, the organisation has made significant progress in empowering children with disabilities by providing free education, healthcare, nutrition, therapy, and vocational training. Its community outreach, awareness programs, and emergency response efforts have positively impacted vulnerable populations across the region. The organisation's holistic and compassionate approach has fostered dignity, independence, and social inclusion. Recognition through various awards and community appreciation further validates its impactful work. Moving forward, the organisation remains dedicated to expanding its services, strengthening its infrastructure, and creating sustainable opportunities, thereby continuing its mission to build an inclusive and equitable society for all.

